





# THE TRINITY OVERVIEW

## Lesson 1 The Trinity

 **Text:** Genesis 1:1, 2; 26, 27; 3:22, 23

 **Bible Truth:** Our God is three in one; the Father, the Son, and the Holy Spirit.

 **Central Truth:** God the Father created the heaven and the earth. Jesus, the Son, came to earth in the form of a man to redeem us back to God. The Holy Spirit is presently with us to guide us through each day.

 **Memory Verse:** Genesis 1:26 "Then God said, 'Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over every creeping thing that creepeth upon the earth.'"

### GETTING STARTED

1. Ask the students for the meaning of the following words: tricycle, triangle, tripod, triplets, trio, triathlon, or triple. OR
2. Bring objects that have three parts to it e.g. an egg (boiled) or a pencil; or that can be in three forms e.g. water (ice, water, and steam). Let the students talk about what they see.

### THE WORD

God created the heavens and the earth. He created Adam and Eve. He created us. We were created in his image. We are spirits with a soul living in a body. Because of what happened in the Garden of Eden when Adam and Eve sinned, man was separated from God. However, God the Father, sent Jesus the Son, to redeem us back to him. Jesus came as a babe in the manger. He felt what we feel, and was an example unto us. As promised, after Jesus resurrected and went back to heaven, the Holy Spirit came down to be with us to be near us to comfort, teach, and guide us.

The Father, Son, and Holy Spirit are one being, God. No part is superior to another part. We need to be able to relate with God the Father, God the Son, and God the Holy Spirit.

### MEMORY VERSE

Genesis 1:26 "Then God said, 'Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over every creeping thing that creepeth upon the earth.'"



## AT OUR LEVEL

- Do you believe that God created the universe or do you believe in the big bang theory of evolution? Explain.
- Have you accepted Jesus as your personal Saviour?
- Is Jesus Lord of your life?
- Do you listen to the Holy Spirit for direction?

## CONFESSION

I confess that I am a child of God. God is my Father. Jesus is my Lord and Saviour. I do the will of God. I listen to the Holy Spirit and I am sensitive to his leadings. I trust and obey my God for there's no other way to be happy and fulfilled. I am blessed. I am fulfilled. I am whole.

## REVISION

1. The memory verse for today's lesson is \_\_\_\_\_
2. God is also referred to as the \_\_\_\_\_
3. We have God the \_\_\_\_\_, God the \_\_\_\_\_, and God the \_\_\_\_\_
4. Who came to redeem man back to God?
5. Who comforts, teaches, guide and guards us?

## ACTIVITY - GAME

*Last man standing (Three times table- pass)* The students form a circle and go turn by turn to say numbers in chronological order. However, if the number is a multiple of 3, the person should say 'Pass'. If the person says the number s/he is out. If the person says the wrong number s/he is out. When someone goes out, you start from the last correct answer.

OR

Find or mention objects that have three parts.

## IN CLOSING

Summarize the lesson and pray.

# THE TRINITY

## UNIT 1 – THE ETERNAL FATHER

### Lesson 2 Jehovah Rohi



**Text:** Psalm23:1-6 (Psalm 95:1-11 \*7, 8; Psalm32:8,9; Psalm 91:7; Isaiah 54:17; Jeremiah 29:11)



**Bible Truth:** Our God is the eternal God. He is the one who was, and is, and is to come. He is the I Am That I Am.



**Central Truth:** Whatever we need, God is there to satisfy the need. He is our shepherd guiding and guarding us day by day.



**Memory Verse:** Psalm 23:1 "The Lord is my shepherd I have everything I need." GNB

### GETTING STARTED

1. Try to walk from one point of the class to another with your eyes closed. Then get one or two children to do the same, but blindfolded. Finally have someone lead someone who is blindfolded. *OR*
2. Try to solve a mathematics problem, e.g.  $39 + 26$ , but do it wrongly. Get the children to help you solve the problem. Do two other problems with assistance from the children. *OR*
3. Make a map of the classroom, and get the children to help you locate your destination. It can be where you have placed your Bible.

### THE WORD

We have a shepherd who cares for us. It is his desire that we have all that we need. He takes us to where we can get good food and drink, where we can get a good education, and get treated if we fall sick. When there are problems around us, our shepherd does not leave us alone. Even when we don't understand what is happening at home or at school, God is there to tell us what to do.

God has said that one thousand shall fall by our side and ten thousand by our right hand, but none shall come near us. He has also told the devil not to touch us, his anointed ones. God protects us from the weapons of the devil.

God's rod is there to discipline us so that we can stay on the path that leads to life. His staff is there to protect us from the weapons of the devil and his demons. Our shepherd leads us to where he wants us to go. His thoughts towards us are of good and not of evil to bring us to an expected end. The place that God is taking us to is full of good things for us; good results in school, good clothes, good friends, good health, good toys, good books, etc. Although there are enemies all around us, God will not allow them to harm us.

There is need for us to listen to God and to do what he tells us to do; and go where he tells us to go. We need to be obedient children. We should not harden our hearts when God speaks to us. We need to listen and obey him. We should not be like stubborn mules. We should be as gently lambs.

As we obey our shepherd, goodness and mercy shall follow us. We shall be guided and guarded here on earth, and on the last day our heavenly father will say, "Welcome, my good and faithful servant."

**MEMORY VERSE** 

Psalm 23:1 "The Lord is my shepherd. I have everything I need."

**SONG – SHEPHERD OF MY SOUL**

Shepherd of my soul, I give you full control  
Wherever you may lead, I will follow.  
I have made a choice, to listen for your voice.  
Wherever you may be, I will go.  
Be it in a quiet pasture, or by a gently stream  
The shepherd of my soul is by my side  
Should I face a might mountain or a valley dark and deep  
The shepherd of my soul will be my guide.

**AT OUR LEVEL** 

- In which areas of our lives do we need direction?
- How can we get direction?
- What does God protect us from?

(Teachers and students should share personal experiences of how they received direction or help.)

**CONFESSION** 

Jesus is my shepherd and I am his sheep. I do not harden my heart even if God's word seems difficult to obey. I am not like a stubborn mule. I am like a gentle sheep. I listen to God's voice and I obey him. Day by day I seek his face and he leads me in all that I should do. This year God will direct my footsteps and he will lead me to the place where he wants me to be.

**REVISION** 

6. The memory verse for today's lesson is \_\_\_\_\_
7. Jehovah Rohi means \_\_\_\_\_
8. The shepherd's staff is for \_\_\_\_\_
9. The shepherd's rod is for \_\_\_\_\_
10. Two things God protects us from are \_\_\_\_\_ and \_\_\_\_\_

**ACTIVITY – WORKSHEETS** 

Do the worksheets.

**IN CLOSING**

Summarize the lesson and pray.

# THE TRINITY

## UNIT 1 – THE ETERNAL FATHER

### Lesson 3 Jehovah Shammah



**Text:** Joshua 1:1-9 (Joshua 4:1-18, Joshua 6:1-27, Psalm 139:5-12, Matthew 28:20b)



**Bible Truth:** Our God is omnipresent. He is everywhere. He sees us and we can't hide from him. He knows what we are going through and wants to help us face each task set before us.



**Central Truth:** God is with us everywhere and every day. With him we are never alone.



**Memory Verse:** Joshua 1:9 "Don't be afraid or discouraged, for I the Lord your God, am with you wherever you go."

#### GETTING STARTED

1. Walk and look around you as if someone is following you closely. Act surprised as if you just knew that your shadow is following you. Do as if you want to run away from your shadow. **OR**
2. Get a child to walk beside you. Try to shake the child off, but the child does not leave your side. **OR**
3. Try to solve a math problem, and have a child (or an adult) outside the classroom (voice only, no body) tell you what to do. Try to make a decision and have the child (or adult) tell you what to do. Think aloud of doing something bad. Have the same child (or adult) give you a scripture related to the bad thing you said aloud.

#### THE WORD

God is with us wherever we go. He has promised never to leave us nor forsake us. He told Joshua that just as he was with Moses, so would he be with Joshua. He also reminded him of the importance of studying the word regularly, praying, and doing the will of God. He's telling us the same thing today.

It is comforting to know that God is always present. Because God was with Joshua, Joshua was able to lead the Israelites across the River Jordan even though its banks were full to overflowing. God is with us to lead us through situations that might seem impossible to go through.

Since God is for us, nobody can be against us. God was with Joshua and he gave him the victory in the battle at Jericho. Whenever people try to oppress us, we need not fear because God is with us to give us victory. We do not need to fear bullies in our schools because the greater one is with us. Also there are teachers around us to discipline erring children.

Apart from the fact that it is comforting to know that God is with us, that fact also helps us to stay on the path that leads to life. At those times when we are about to make a bad decision, God is there to help us make the right decision. At those times when we are tempted to sin, the fact that God is with us can change our minds and make us to do the right thing. There's no place we can hide from the love of God. It is a wonderful love. (Song based on Psalm 139)

We need to live not only for ourselves, but also for those to whom God has sent us. Just as Jesus told his disciples, so is he telling us; that as we go out into the world he will be with us. This is not just for a day or a week, but until the end of time.

**MEMORY VERSE** 

Joshua 1:9 "Don't be afraid or discouraged, for I the Lord your God, am with you wherever you go."

**SONGS – I WILL BE WITH YOU**

I will be with you in joy and in pain.  
Your cry for mercy echoes my name.  
Now and forever I'll be at hand.  
I will be with you x2 For that's who I am.

**O WONDERFUL LOVE**

Jesus' love is very wonderful x3  
O wonderful love.  
So high you can't go over it  
So low you can't go under it  
So wide you can't go around it  
O wonderful love.

**AT OUR LEVEL** 

- Is there any place we can go that God cannot see us or cannot know our thoughts? (Talk about different countries and different locations – sea, land, air.) We cannot see God, but we can see people he brings our way to comfort us, to help us, to direct us, etc. Name some of them and what they do (both general people e.g. doctors, as well as specific people by name)

**CONFESSION** 

God is always with me. I am never alone. He encourages me. He directs me. He helps me. He listens to me. I am his and I love him. In his presence there is fullness of joy. I have fullness of joy. I will never leave God's presence. I will come to Bethel, the house of God, regularly. I will listen to him and obey him. He is my Father and I am his child. Amen.

**REVISION** 

1. The memory verse for today's lesson is \_\_\_\_\_
2. Jehovah Shammah means \_\_\_\_\_
3. God was with Joshua just as he was with \_\_\_\_\_
4. We can't see God, but we can see people such as \_\_\_\_\_ and \_\_\_\_\_.

**ACTIVITY – WORKSHEETS**   
Do the worksheets.


**IN CLOSING**


Summarize the lesson and pray.


# THE TRINITY


## UNIT 1 – THE ETERNAL FATHER

### Lesson 4 Jehovah Rapha

 **Text:** Leviticus 11:1-47, Leviticus 13:1-59

 **Bible Truth:** God is the best doctor. He gave the Israelites rules on how to live a healthy life.

 **Central Truth:** It is God's desire that we get well when we are sick. However, it's his greater desire that we stay well and not fall sick.

 **Memory Verse:** 1 Peter 2:24b "By his stripes you have been healed."

### GETTING STARTED



1. Bring a few items from a first aid kit and let the children discuss what they see. **OR**
2. Bring the empty cartons of a few drugs and let the children discuss what they see. **OR**
3. Let the children look at pictures of several people in the medical profession (general practitioners, nurses, physiotherapists, dentists, ophthalmologists, etc.) and let them discuss what they see. **OR**
4. Two children will interview a medical practitioner.

### THE WORD

It is God's desire that we live in health all the days of our lives. He has given us some guidelines to make this a possibility. In the Bible there are guidelines on the type of food we should eat. (Leviticus 11:1-47) Nowadays we are taught about the importance of eating a balanced diet. There were also guidelines on how to deal with infectious diseases. (Leviticus 13:1-46) This still applies to us today because no one wants to get small pox or Apollo or AIDS. We also learn from the Bible the importance of keeping our clothes clean and washing them regularly. Dirt carries germs.

Jehovah Ropheka, is the Lord our Physician. He helps us to live a healthy life.

### MEMORY VERSE



1 Peter 2:24b "By his stripes you have been healed."

### SONG – THE LORD MY HEALER

You are the Lord that healeth me.  
You are the Lord my healer.  
You sent your word and healed my disease.  
You are the Lord my healer.

OR

**ATTEND TO MY WORDS – Don Moen (Proverbs 4:20-22)**

My son, give attention to my words  
Incline your ear to my sayings  
Do not let them depart from your eyes  
Keep them in the midst of your heart.

For they are life to those who find them  
And health to all their flesh  
For they are life to those who find them  
And health to all their flesh.

**AT OUR LEVEL** 


- Name some of the things that you can do to stay healthy.
- Name some of the things that you should not do if you want to stay healthy.

**CONFESSION** 

God wants me to live in health and I shall live in health. By the stripes of Jesus I am healed. I have been made whole. I meditate on God’s words and I do what he tells me to do. I eat well. I fast. I dress well. I exercise. I rest. I sleep on time. As my days are so shall my strength be, in Jesus’ name. Amen.

**REVISION** 

1. The memory verse for today’s lesson is \_\_\_\_\_
2. Jehovah Rapha means \_\_\_\_\_
3. The Lord our Physician is \_\_\_\_\_
4. Four things we need to do to stay healthy are \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_

**ACTIVITY – WORKSHEETS**   
Do the crossword puzzle.

**IN CLOSING**

Summarize the lesson and pray.



# THE TRINITY

## UNIT 2 – THE MESSIAH

### Lesson 5 Jesus our Saviour



**Text:** John 3:16; Romans 10:9, 10; John 10:10



**Bible Truth:** Jesus Christ died on the cross at Calvary to save us from eternal damnation.



**Central Truth:** Jesus Christ bought us back so that we can live eternally with God.



**Memory Verse:** John 3:16 "For God so loved the world that he gave his only begotten son, that whosoever believes in him should not perish but shall have everlasting life."

OR

Matthew 4:23 "Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and sickness among the people." (NIV)

### GETTING STARTED



1. Talk about rescue operations (bomb blasts, flood victims, etc) OR
2. Talk about the importance of blood to the body. OR
3. Talk about substitute teachers, guardians (substitute parents), substitute food.

### THE WORD

Jesus, the Son of God, came that we might have life, abundant life here on earth and eternal life hereafter. God told us that without the shedding of blood, there is no remission of sins. Before Jesus came, the priests had to make sacrifices on behalf of the people over and over and over again. The blood that was shed this way was like sweeping dirt under the carpet. The dirt was still there. When Jesus came, he died on the cross and the blood that was shed that day washed our sins away. This was like the dirt being swept away and not under the carpet.

Jesus became our substitute. However, if we don't accept him as our personal Lord and Saviour, the cleansing we need doesn't come to us. It is just as if we are dirty and someone had given us soap and water. If we collect it and use it, we will become clean. However, if we don't use it, it is still available, but we remain dirty. It doesn't do us any good.

Our heart was **black** with sin until Jesus our Saviour came. His blood which was **red** washed our sins away. Our hearts then became **white**, pure, spotless. After salvation we need to grow, just like **green** grass. If we continue as children of God, we will enter heaven where we will walk on streets of **gold**.

(Explain how one can get born again. Find out those who are born again. Make an altar call. Try to make sure the children know what they are doing.)

### MEMORY VERSE



John 3:16 "For God so loved the world that he gave his only begotten son, that whosoever believes in him should not perish but shall have everlasting life." OR

Matthew 4:23 "Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and sickness among the people." (NIV)

**SONG – JUST AS I AM -**

Just as I am without one plea  
But that thy blood was shed for me  
And that thou bidst me come to thee  
Oh, Lamb of God, I come. I come.

OR

**HE'S MY SAVIOUR, MY FRIEND, AND MY LORD** – Marilyn Baker  
(Chorus)

He took my feet from the miry clay.  
He set them on the solid rock to stay.  
His precious blood washed my sins away.  
He's my Saviour, my friend and my lord.

**AT OUR LEVEL**



- Name some people who have helped you out of difficult situations.
- Share personal salvation experiences.
- Talk about some of the benefits of being born again.
- Talk about some of the responsibilities of being born again.

**CONFESSION**



I believe that Jesus died on the cross just because of me. I confess that he is my Lord and my Saviour. I (your name) have put Jesus in control of my life and so I am earthly good and heavenly worthy.

**REVISION**



1. The memory verse for today's lesson is \_\_\_\_\_
2. Today we learnt that Jesus is our \_\_\_\_\_
3. Compare the shedding of the blood of lambs with the shedding of the blood of Jesus.
4. What do the following colours represent: black, white, green, gold, red?

**ACTIVITY** – ART OR CRAFT



**Crosses** – Levels 1 and 2 Draw a cross and colour it

Levels 3 and 4 Draw a cross and colour it. Write two or three benefits of the cross to you. **OR**

**Crosses** – Levels 1 and 2 Cut crosses out of white cardboard and colour. Levels 1 and 2

Levels 3 and 4 Cut 3-D crosses out of cardboard and colour or write Jesus died for (child's name)

**IN CLOSING**


Summarize the lesson and pray.


# THE TRINITY


## UNIT 2 – THE MESSIAH

### Lesson 6 Jesus our Teacher

 **Text:** Matthew 5:1 – 8:1

 **Bible Truth:** Jesus taught people facts and ideas that would help them live a healthy life here on earth and make it to heaven at the end of the day. We need to listen and obey him.

 **Central Truth:** We need to continue to learn.

 **Memory Verse:** Matthew 4:23 “Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and sickness among the people.” (NIV)

#### GETTING STARTED

1. Get the children to mention different professions and to explain what the people in those professions do. **OR**
2. Talk about how one parent can occupy several positions at the same time e.g. a father, a lawyer, a worker in the sanitation department, etc. **OR**
3. Get the children to talk about their teachers in school or at home, especially what their teachers do for them.

#### THE WORD

Jesus was the greatest teacher while he was here on Earth. He taught the old and the young. He used many different methods to teach them. At times he would use practical examples. At other times he would use parables. While at other times he would teach the topic straight. He taught in places of worship, on the streets, in boats, in houses, and so many other places. Time and place did not matter to him.

Two of the things he taught using practical examples are: i) that we should do our duties as citizens of this country; (Jesus paid tax – Matthew 17:24-27) and ii) about doing work on the Sabbath day (the woman who had been bent over for over eighteen years (Luke 13:10-17).

Three things he taught using parables were i) The Forgiveness of God (The Story of the Prodigal Son – Luke 15:11-32), ii) To Obey is Better Than to Just Say (The two sons and their father – Matthew 21:28-31), iii) The Right Attitude to Have When Praying (The Sinner and the Publican – Luke 18:9-14)



#### MEMORY VERSE

Matthew 4:23 “Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and sickness among the people.” (NIV)

## SONG – O MASTER, LET ME WALK WITH THEE

- Vs. 1 O Master, let me walk with thee  
In lowly paths of service free;  
Tell me thy secret, help me to bear  
The strain of toil, the fret of care.
- Vs. 2 Help me the slow of heart to move  
By some clear winning word of love;  
Teach me the wayward feet to stay  
And guide them in the homeward way.
- Vs. 3 Teach me thy patience; still with thee  
In closer dearer company,  
In work that keeps faith sweet and strong  
In trust that triumphs over wrong.
- Vs. 4 In hope that sends a shining ray  
Far down the future's broadening way  
In peace that only thou canst give  
With thee, O Master, let me live.

### AT OUR LEVEL



- What are some of the things you need to know in order to do the right things?
- Where can you get help if you don't understand something?
- Which is more important, your attitude or your actions?

### CONFESSION



Jesus is my teacher and I am his student. I am an obedient student of Jesus. I listen to him when he talks to me through my parents, through my teachers and through the Bible. I do what he tells me to do.

### REVISION



1. The memory verse for today's lesson is \_\_\_\_\_
2. Today we learnt that Jesus is our \_\_\_\_\_
3. Mention two ways that Jesus taught when he was alive on Earth.
4. How does Jesus teach us now?
5. What are some of the things that Jesus has taught you recently?

### ACTIVITY – WORKSHEETS



Do the worksheets. (Colouring, Matching, or Search the Bible)

### IN CLOSING

Conclude and pray.

# THE TRINITY

## UNIT 2 – THE MESSIAH

### Lesson 7 Jesus our Healer



**Text:** Mark 5:23-34



**Bible Truth:** Jesus came that we might have life, and more abundantly. He didn't just make people well. He made them whole.



**Central Truth:** Jesus came to make us whole.



**Memory Verse:** Matthew 4:23 "Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and sickness among the people."

### GETTING STARTED



1. Get the children to mention different sicknesses or diseases a person can have. **OR**
2. Get the children to mention the sources of some of common sicknesses and diseases. **OR**
3. Get the children to discuss whether all healings have to do with physical ailments.

### THE WORD

Jesus came that we might have life and have it more abundantly (John 10:10). When he went about healing, he did not just heal people, he taught people first. This is in line with not just giving a man a fish, but teaching him how to fish.

Jesus healed many people of their physical infirmities. Some examples are the woman with the issue of blood (Mark 5:25-34), a leper (Luke 5:12, 13), ten lepers (Luke 17:11), Blind Bartimaeus (Luke 18:35), two blind men (Matthew 9:27-30), a lame man (Luke 5:18-25), and Peter's mother-in-law (Luke 4:38, 39).

There are several instances of spiritual healings. Some examples are the lame man (Luke 5:18-25), the woman with the issue of blood (Mark 5:23-34), the daughter of the Syrophenician woman (Matthew 15:22-28), the mad man of Gadara (Luke 8:26-35), and the woman at the well (John 4:7-29).

The healing of one aspect can lead to the healing of another aspect of a person's life. For example, Blind Bartimaeus received his sight back and so he didn't need to beg any more. Therefore his financial status could improve. Also the woman with the issue of blood received not only her physical healing, she also received spiritual healing; she was made whole. The healing of one person can also lead to the healing of other people. For example, the woman at the well went to testify about her spiritual healing and as a result other people got saved.

We thank God for physical healings, spiritual healings (most importantly the salvation of one's soul), financial healings, and emotional healings. Depression is not good. It's okay to be sad once in a while, but depression is when your spirit is low, you are in the doldrums. Depression can also be defined as a feeling of sadness and hopelessness. We are people who have hope because we have Jesus. No matter how bad things may be, remember, there is hope. Weeping

may endure for a night, but joy comes in the morning. We are not alone because God has promised to be with us always.

### **Scriptures to Stand On**

I Peter 2:24b "By the stripes of Jesus I am healed."

John 10:10 Jesus came that I might have life and have it more abundantly.

Exodus 23:25 God has promised to take sickness out of the midst of my family.

Psalm 107:37 God sent his word and healed me.

I John 2 It is God's desire that I prosper and be in health even as my soul prospers.

Mark 16:18 As I lay my hands on the sick, including myself, I recover and get well.

### **MEMORY VERSE**



Matthew 4:23 "Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and sickness among the people."

### **SONG – THANKS A MILLION**

Jesus, thanks a million x3

For all you have done.

### **AT OUR LEVEL**



- What are some of the things you can do to keep yourself from falling sick (including emotionally sick)?
- If you are not feeling fine, what are some of the things you can do?
- Talk about people who had different kinds of sicknesses and how they dealt with it.

### **CONFESSION**



By the stripes of Jesus I have been made whole. Sickness is neither my portion nor the portion of my family or friends. I am well physically, spiritually, mentally, emotionally, and financially. It is well with all that concerns me.

### **REVISION**



1. The memory verse for today's lesson is \_\_\_\_\_
2. Today we learnt that Jesus is our \_\_\_\_\_
3. Mention three aspects of our lives that Jesus heals.
4. Give two scriptures you can stand on for your healing.
5. Name a few people in the Bible who were healed and what they were healed of.

### **ACTIVITY – WORKSHEETS**



Do the mini code worksheets.

### **IN CLOSING**

Conclude and pray.

# THE TRINITY

## UNIT 3 – THE HOLY SPIRIT

### Lesson 8 Holy Spirit, Our Comforter



**Text:** John 14:15-18; John 16:1-11; Acts 6:1-8; Acts 10:1-48



**Bible Truth:** The Holy Spirit has been sent to us to comfort us. There is no reason why we should continue mourning or why we should feel depressed.



**Central Truth:** In times of sorrow and in times of challenging times, we are not alone.



**Memory Verse:** John 16:17b "for if I go not away, the Comforter will not come unto you; but if I depart, I will send him unto you."

#### GETTING STARTED



1. The children will answer the following questions and discuss: Can you see air you breathe? Can you see the wind as it is blowing? Can you feel your mother's hug? **OR**
2. The children will discuss how someone feels when he or she has lost a parent or other loved one. They will also discuss what can be done to help such a person. **OR**
3. The children will discuss how they feel if someone at home has hurt them, or if they didn't do well in their exams or if they have a misunderstanding with one of their friends.

#### THE WORD


Jesus called the Holy Spirit the Comforter. The Holy Spirit is available to comfort us at all times. When we get born again, the Holy Spirit is there to help us on our journey of life. He is not powerless. He has enough power to encourage us daily. Because we are still in this world, though not of the world, we will from time to time face challenges. The Holy Spirit is there to help us overcome those challenges.

One challenge the Gentiles faced was that it seemed as if salvation was not for them. \*Acts 10:1-48. However, the Holy Spirit comforted them by letting them know that this wonderful gift is also for them. Isn't it great to know that God wants you to receive good things no matter what other people might say? Some people would say that a child whose parents don't have much money cannot attend a school that is fully air-conditioned. However, if someone decides to sponsor the child or the child wins a scholarship, who is to stop him. Be comforted. God wants good things for you.

Another challenge is that sometimes you might feel neglected, that no one cares about you. This is not true. The Comforter cares about you. When some widows were feeling left out of the food distribution, they complained. As a result, men full of the Holy Spirit were sent to them. When you are facing challenges in your life, know that there are capable people around you to help you through that situation. Just ask God for help, and he will send people your way.

Remember, Jesus said (as it was recorded in Matthew 28:20b) that he is with us until the end of the world. He is not with us physically, but he has given us the Holy Spirit, our Comforter. He has not left us comfortless. He has given us the Holy Spirit. (John 14:16-18)

## MEMORY VERSE

John 16:17b  "if I go not away, the Comforter will not come unto you; but if I depart, I will send him unto you."

## SONG –TRUST IN YOU by Danny Daniels

When I can't see you, I know you're there.  
When I can't feel you, I will not fear  
I will trust in you and I will not be  
afraid.

When the battle is close at hand  
I know you're with me to help me  
stand  
I will trust in you and I will not be  
afraid.

I will not (echo)  
Be afraid (echo)  
I will not (echo)

Be afraid (echo)  
I will trust in you. (echo) x2

When the darkness is closing in  
And I am running against the wind  
I will trust in you and I will not be  
afraid.  
'Cause when I am standing upon  
that shore  
And all the battles have gone before  
I will trust in you and I will not be  
afraid.

## AT OUR LEVEL

- Mention some things that can make you feel sad or bad.
- What are some of the things that can help you to feel better?
- Who are some of the people that can help you to feel better?

## CONFESSION

I am not without comfort. If I feel sad, the Holy Spirit will cheer me up. If I feel bad, the Holy Spirit will encourage me. If I am grieving, I know I will feel God's arms around me. God uses his word to comfort me. God uses people to comfort me. I am not comfortless. I am comforted.

## REVISION

1. The memory verse for today's lesson is \_\_\_\_\_
2. Today we learnt that the Holy Spirit is our \_\_\_\_\_
3. Mention someone in the Bible who was comforted. \_\_\_\_\_
4. Who or what can God use to comfort us? \_\_\_\_\_
5. What can you do to keep from becoming too sad or from feeling very bad? \_\_\_\_\_

## ACTIVITY – PHYSICAL ACTIVITY

Give someone a hug or a high five and tell the person three encouraging things.

## IN CLOSING

Summarize the lesson and pray.



# THE TRINITY

## UNIT 3 – THE HOLY SPIRIT

### Lesson 9 Holy Spirit, Our Intercessor



**Text:** Romans 8:26-28



**Bible Truth:** The Holy Spirit is there to help us pray because God desires that we get the best out of the time we spend praying.



**Central Truth:** Prayer is the way we communicate with our creator, God.



**Memory Verse:** Romans 8:26 “In the same way, the Spirit helps us in our *weakness*. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express.”

#### GETTING STARTED



1. The children will talk about their attitudes and their postures when they are talking to their friends or to adults. **OR**
2. The teacher can share an experience of how the Holy Spirit helped him or her to pray concerning a particular topic. **OR**
3. The children will talk about various ways of communicating with family and friends.

#### THE WORD

Prayer is the way we communicate with God. The physical posture you take is not the main issue, it's the posture your heart takes. When you are praying, are you focused on God or are you thinking of other things such as what is going to happen at school; what food you will eat later in the day; whether your parents will allow you to go to your friend's house; what you will do to your classmate that got you in trouble with your teacher; whether your uncle will bring a gift for you when he comes a visiting; etc? The Holy Spirit helps us to keep our mind focused on the prayer points on ground.

Another thing is that sometimes we don't really know what we should pray for. For example, there is a bully in your school. Should we pray that the bully changes and becomes a good person? Should we pray that the bully is expelled from the school? Should we pray that the bully should get professional help? The Holy Spirit helps us to pray aright. Another example is praying to determine which school someone should attend. Should our parents just pick a school they think they like? Should our parents make enquiries and then just pick one? The Holy Spirit can direct our parents to a school they have not heard about or a school they thought they won't be able to take their children to.

A story is told of a woman whose friend paid for the examination form for her son who was about to enter secondary school. The cost was high and the woman wondered how she would pay school fees if her son was taken. God had everything under control. The boy did the exam, came out tops and won a full scholarship (boarding and tuition) in a school with four to a room in the dormitory, AC in the rooms and classrooms, many sporting facilities, etc.

A third thing the Holy Spirit does is to strengthen us as we pray. At times we know we want to pray, but we are tired. As we pray in our understanding or in tongues, the Holy Spirit strengthens us and helps us to pray aright.

### MEMORY VERSE

Romans 8:26 "In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express."

### SONG – PRAYER IS THE KEY

Prayer is the key x2  
Prayer is the master key.  
Jesus started with prayer and ended with prayer.  
Prayer is the master key.

### AT OUR LEVEL

- When do you pray?
- How do you know what to pray for?
- How often should you pray?

### CONFESSION

I can talk to God and he will hear me. I listen to God when I pray. The Holy Spirit helps me to pray. I pray in my understanding and I pray in the Spirit. The Holy Spirit helps to pray. He strengthens me as I pray. He guides me as I pray. I receive answers to my prayers.

### REVISION

1. The memory verse for today's lesson is \_\_\_\_\_
2. Today we learnt that the Holy Spirit is our \_\_\_\_\_
3. According to today's lesson why do we need the Holy Spirit?
4. Is the Holy Spirit for everyone?

### ACTIVITY – WORKSHEETS

Do the connect dot and colouring worksheets.


### IN CLOSING


Each child should pray for someone as the Holy Spirit leads him or her.

# THE TRINITY


## UNIT 3 – THE HOLY SPIRIT

### Lesson 10 Holy Spirit, Our Guide

 **Text:** Joshua 1:5-9 Acts 8:26-39, Romans 8:14

 **Bible Truth:** Our God is omnipresent. He is everywhere. He sees us and we can't hide from him. He knows what we are going through and wants to help us face each task set before us.

 **Central Truth:** God is with us everywhere and every day. With him we are never alone.

 **Memory Verse:** Romans 8:14 "For as many as are led by the Spirit of God are the sons of God."

### GETTING STARTED

1. The students will mention various things that help us to find our way, e.g. maps (including Google maps), compasses, GPS (Global Positioning System), signs. **OR**
2. The students will mention various people who guide us, e.g. parents, teachers, policemen, pastors, guidance counsellors, and friends. **OR**
3. Blindfold a child or two or three, and get someone to lead each of them through an obstacle course or to pick up balls or other objects scattered around the room.

### THE WORD

Before the coming of the Holy Spirit, God led his people in various ways. For example he was a pillar of fire at night and a pillar of cloud in the day when he led the Israelites through the desert. (Exodus 13:21). Another way God led his people was to send angels to them. For example, angels told Lot and his family to leave Sodom and Gomorrah before God destroyed the place. When they were a little sluggish, the angels had to 'highly encourage' them to move. (Genesis 19:15-22\*16)

In the New Testament the Holy Spirit led Peter to talk about matters of contention, controversy, disagreement. (Acts 15:7-12a). The Holy Spirit led Barnabas to welcome Saul and take him to Jesus' disciples. (Acts 9:26, 27). A third example is how the Holy Spirit led Phillip to the Ethiopian Eunuch and led him to Christ. (Acts 8:26-37a)

There are testimonies of angels directing people even at these times. However, our focus today is on the leading of the Holy Spirit, which is sometimes like a nudge in your spirit or a thought that suddenly drops into your mind. At times you don't think much about it, but later you realize that God has actually directed you in that particular situation.

An example of the leading of the Holy Spirit in my life was when God led me to a particular person in a hospital. There were a number of people coming and going, but I was directed to this particular person. I tried to get his attention, but he didn't see me. I then wrote a note and dropped it in his hand. He read the note and came to where I was sitting asking if we could have an uninterrupted talk. To cut a long story short, his brother was in the hospital for the third time for the same thing he came for the first time. What the person thought was just a weekend with his brother to go back to his station ended up with him staying for over three weeks. Our talks for the time I was with a family member at the hospital, helped him relax a bit as he had someone apart from a couple of his brother's friends and colleagues, to talk with. It helped him get over the challenges. After I left, I continued to encourage him through chats.

Another example of the leading of the Holy Spirit was when I was looking for work. I had left my former place of work. When I got to this particular school, I was hoping to teach in the secondary

section, but they said that the vacancy was in the primary section. At the end of the day, they offered me a part time job. I didn't want to take it, but the Holy Spirit said that I should. Now I am working full time in that school and enjoying it. I am glad they didn't take me as a full time class teacher then.

Share your own experiences with the children.

### MEMORY VERSE

Romans 8:14 "For as many as are led by the Spirit of God are the sons of God."

### SONG – BE THOU MY GUARDIAN AND MY GUIDE

Be thou my guardian and my guide  
And hear me when I call  
Let not my slippery footsteps slide  
And hold me lest I fall.

And if I tempted am to sin  
And outward things are strong  
Do thou, O Lord, keep watch within,  
And save my soul from wrong.

The world, the flesh and Satan dwell  
Around the path I tread  
O save me from the snares of hell,  
Thou quickener of the dead

Still let me ever watch and pray  
And feel that I am frail,  
That if the tempter cross my way  
Yet he may not prevail

### AT OUR LEVEL

- Give examples of when you need guidance, you need help.
- Who are some of the people you have gone to for help?
- Is it just any person you can meet for help? (Would you meet someone who is not doing well in class to help you with something you don't understand? Would you meet an uncle who keeps beating his wife if you're not happy that Daddy and Mummy are not talking to each other?)

### CONFESSION

I am not alone. The Holy Spirit is with me. He wants the best for me and he is willing to guide me. He helps me to do the right things and stay away from bad things. He helps me to make the right choices. When I am confused I can go to the Holy Spirit and I know he will help me. He will tell me the right way to go, the right things to do.

### REVISION

1. The memory verse for today's lesson is \_\_\_\_\_
2. Today we learnt that the Holy Spirit is our \_\_\_\_\_
3. Why do we need the Holy Spirit to guide us?

### ACTIVITY – Do the maze

Set up a course where the children have to follow instructions or directions to get to the end. For example, you can have a sign pointing to the right. You can also have a sign pointing to two directions. One arrow is pointing to Sunny Sea and the other arrow is pointing to Herbal Hill. The instructions given to the children is that they should go to Sunny Sea. If the child goes to Herbal Hill direction, they will be a message that lets the child know that he took a wrong turn. For example the message could be "Bridge under repair. Road closed."

### IN CLOSING

Encourage the children to make a conscious effort to listen to the Holy Spirit when they have decisions to make. Pray.