

The Light

Vol. 6 No 2

RECATI

Helping people to locate their place in life so that they can achieve their maximum potential



Welcome to the last month of the year. You're looking forward to Christmas and the holiday. Some of you are looking forward to getting new clothes, new toys, and eating all sorts of food. Some of you will be traveling to see some of your relatives. Whatever you do this period, remember it's more than a time of eating and playing and receiving gifts. It's also a time to remember the real reason for the season. God gave us a gift. (Unto us a son is given.) What have you done with the gift?

Have a Merry Christmas and a Happy New Year in advance.

RELIC- O 2020

Rehoboth Ephraim Leadership Challenge – Outdoors

RELIC-O is a one day program for leadership training taking place in the outdoors. There will be interactive sessions. There will be physical activities. There will be activities in which you will need to think. As usual fun and learning go hand in hand. It used to take place in October, but now it will be taking place in February. RELIC – I will now be taking place in October.

DATE: Saturday 8th February 2020

TIME: 10:30 a.m. – 2:30 p.m.

AGE: 10 – 16 year olds

COST: ₦1,500 (Including entrance fee)

VENUE: Agodi Gardens, Ibadan

For inquiries call 08065579441 or WhatsApp 09086635578



UNSCRAMBLE

Unscramble the following words that have to do with Christmas.

- 1) Gmeanr 2) Laeng 3) Rsat 4) Jsseu 5) Elvo 6) Ojy
 7) Pjhose 8) Tfgi 9) Amyr 10) Desphre

RIDDLE

Three fat women were under one umbrella. Why didn't get they get wet?

Send your answers by text or WhatsApp to 09086635578. Remember to include your name and age.

The answer to the brain teaser in the October edition is 'Water'.

Watch out for:

DATE & TIME	PROGRAMME	VENUE	AGE	DESCRIPTION
January	REAL T © RE Annual Leadership Training	-	13-18 year olds	Strictly by invitation
8 th February	RELIC – O©RE Leadership Challenge - Outdoors	Agodi Gardens	10-16 year olds	The participants increase their general knowledge and they develop skills that will help them to stand out in the future.
Saturdays 1pm-4pm	RESS © RE Swimming School	Kokodome	2 years and above	Children and adults can learn how to swim or improve on their swimming strokes.

CAREER – HOTELIERS



Who is an hotelier? An hotelier is someone who owns or manages a hotel. Ideally the hotelier should have a degree in hotel management or hospitality. In small hotels, a certificate or diploma in hotel management can be accepted.

During the training to become an hotelier, you will do practical training, that is, on the site training.



There are some things that cannot just be taught in the class.

There are several types of hotel managers: those that oversee the financial aspects of running a hotel, those that oversee reservations and the people working at the front desk, those that oversee the managing of hotel staff as a whole, etc.

The hotel manager needs various qualities in order to work well. Some of these qualities are:

- 1) They are listeners. They listen to the members of staff and they listen to the customers/guests.
- 2) They have good problem solving skills.
- 3) They are observant.
- 4) They can think on their feet.
- 5) They can resolve conflicts amicably.
- 6) They have good people skills.
- 7) They are self-disciplined.



Being an hotelier is an exciting profession. Think about it.

HEALTH CORNER – THE TEETH

Welcome to the health corner. There are several things that are found in your mouth, your teeth is one of them. Other things are your tongue and your gum. We'll be focusing on the teeth. There are four basic types of teeth, the canine, the incisor, the premolar and the molar. Each one has the part it plays. We won't focus on their differences in this edition. We want to focus on their care.

God has so designed it that we have a first set of teeth with which to practice with. These are called your milk teeth. However, you still need to there's not much concern because you'll grow tooth, then that's the end. Some people have teeth to chew with. It's much better to keep



take good care of them. If you lose a milk tooth, another one. However, if you lose a permanent false teeth so that they will have a nice smile and your own teeth than to have to get false teeth.

It is advisable that you brush at least twice a day, morning and night. It's good to have a fresh breath in the morning. It's good to brush at night to rid the mouth of any food particles and traces of any liquid that you drank. Bacteria easily works on food particles while you are asleep. It's good practice to rinse your mouth every time you eat. It's not good to snack too often. There's a tendency for food particles to stay on your teeth thereby providing an environment for bacteria to work and cavities to develop. Cavities??? No thanks. They are very painful.

CONTACT US

This newsletter is produced by Rehoboth Ephraim Children and Teens Initiative. Let's hear from you. GSM: 08065579441 or WhatsApp 09086635578